

## WEEKLY FOOD AGENDA 2022 - VILLANÚA

|              | BREAKFAST  | LUNCH                                  | AFTERNOON SNACK       | DINNER  |
|--------------|--|--|-----------------------|---|
| <b>DAY 1</b> | Milk, "Cola-cao", cereals, fruit - juice, pastry or homemade cake, butter, jam, fresh toast with olive oil | Macarroni with bolognese sauce         | Sandwich Ham & Cheese | Green beans with potatoes                                   |
|              |  | Roasted chicken with potatoes          |                       | Breaded ham and cheese "Saint Jacobs" with lettuce          |
|              |  | Yoghurt                                |                       | Fruit   |
|              |  |  |                       |   |
| <b>DAY 2</b> | Milk, "Cola-cao", cereals, fruit - juice, pastry or homemade cake, butter, jam, fresh toast with olive oil | Lentel stew                            | Juice & pastry        | Pasta salad   |
|              |  | Pork loin with mashed potatoes         |                       | Fish balls with peas  |
|              |  | Fruit                                  |                       | Pudding "Flan"  |
|              |  |  |                       |   |
| <b>DAY 3</b> | Milk, "Cola-cao", cereals, fruit - juice, pastry or homemade cake, butter, jam, fresh toast with olive oil | Cuban rice with fried egg              | Sausage Sandwich      | Vegetable soup with croutons                                |
|              |  | Turkey stew with vegetables            |                       | Sausages with tomato and potatoes                           |
|              |  | Vanille yoghurt                        |                       | Fruit   |
|              |  |  |                       |   |
| <b>DAY 4</b> | Milk, "Cola-cao", cereals, fruit - juice, pastry or homemade cake, butter, jam, fresh toast with olive oil | Spagetti with tuna and tomato          | Hot Chocolate milk    | Mashed potatoes with grated pork sausage "Majorcan sausage" |
|              |  | Chicken legs with mushrooms            |                       | Breaded hake with lettuce                                   |
|              |  | Fruit                                  |                       | Yoghurt   |
|              |  |  |                       |   |
| <b>DAY 5</b> | Milk, "Cola-cao", cereals, fruit - juice, pastry or homemade cake, butter, jam, fresh toast with olive oil | Rice with vegetables                   |                       |   |
|              |  | Pork ribs with tomato sauce & potatoes |                       |   |
|              |  | Chocolate Mousse                       |                       |   |
|              |  |  |                       |   |

\*\*\*\*\* All menus can be modified for similar products due to food allergies \*\*\*\*\*